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**Referral Coordinator Cheat Sheet**

<p><b>All clinicians have completed, or close to completing, their Fellowship with American Academy of Orthopedic Manual Physical Therapy; this is a <u>post-doctoral</u> fellowship program which requires 200 hours of didactic work and 150 mentored contact work to become orthopedic specialists. All clinicians are Doctors of Physical Therapy and Foundation PT does <u>not</u> employ Physical Therapy Assistants. We <u>do not</u> overschedule our Doctors of Physical Therapy</b></p>	
<p><b>Leon Springs Location</b>          Across from the Dominion</p> <p>23127 IH-10W, Suite 203          San Antonio, Tx 78257          (ph) 210-698-6333          (fx) 210-698-6332</p> <p>M-F: 7am to 6pm</p>	<p><b>Boerne Location</b>          Near Bumdoodlers Sandwich Shop</p> <p>905 N. Main St, Suite 103          Boerne, Tx 78006          (ph) 830-816-5333          (fx) 830-816-5332</p> <p>M- F: 7am to 6pm</p>
<p><b>NPI's</b></p> <ul style="list-style-type: none"> <li>• Clinic 1104103852</li> <li>• Evan Bahr, PT, DPT, FAAOMPT 1316490881</li> <li>• Isabel Gonzalez, PT, DPT 1174387906</li> <li>• Kara Reyes, PT, DPT 1518762376</li> </ul>	<p><b>NPI's</b></p> <ul style="list-style-type: none"> <li>• Clinic 1104103852</li> <li>• Shireen Bashiri, PT, DPT,FAAOMPT 1396226841</li> <li>• Joshua Heinrich, PT, DPT 1104509439</li> <li>• Elizabeth Earl Higdon, PT, DPT 1790589604</li> </ul>
<p><b>Services offered by all clinicians, both locations</b></p> <p>Full body evaluation, hands on manual therapy to begin each appointment, soft tissue mobilization, joint manipulation if required, dry needling, blood flow restriction therapy (doppler assisted), unloaded treadmill to walk or run, full gym equipment, functional movement taping, cupping, vertigo therapy, total gym, gait analysis, balance training, functional movement screens</p>	
<p><b>Accepted Insurance List:</b></p> <p>Aetna, Aetna Medicare, Aetna TRS, BCBS (PPO, HMO and BCBS out of state), Cigna, Golden Rule, Humana PPO and HMO, Humana Medicare, Medicare, Humana Medicare Gold HMO, Medicare, Medicare Replacement Plans, Multiplan/PHCS, Tricare (all subversions), TriWest, UMR, UHC Choice PPO, UHC Oxford, UHC All Savers, Workers Comp, Private pay</p> <p>*if not listed, please call office for clarification. We will verify benefits on patient ahead of time.</p>	
<p><b>Insurances NOT Accepted</b></p> <p>Aetna Medicare Advantage PRIME HMO, Aetna TRS (group number 0866344 only), Ambetter, CHIP, First Health, GEHA, Medicaid, Oscar, United Healthcare West (Health Texas or Secure Horizons), UHC HMO, Liberty Health Share, Health Smart</p>	

## PCP Referral Requirements

- **For all PPO plans**, we are able to see the patient for a limited number of days without a prescription before the state of Texas requires a signed prescription for physical therapy. No insurance referral required. Prescriptions still required to continue treatment beyond 10 business days. \*Medicare, UHC, PHCS and HMOs will require a prescription to initiate treatment
- **Aetna HMO**
  - Per Aetna rules, Foundation PT is contracted through third party company named Holista. To use in network benefits, please assign HMO authorization to Holista as below
  - Please use Holista NPI 1649443912, or Holista tax ID 391938014. Use any service address given by system. Same CPT codes as Humana Insurance
  - Place of service: 11, office
- **BCBS HMO**
  - Please use individual provider NPI
  - Select clinic address patient would prefer
  - Use office code 99244 for at least 12 units
  - Place of service: 11, office
- **Cigna HMO and Humana HMO**
  - Please use clinic NPI
  - Select clinic address patient would prefer
  - Place of service: 11, office
  - Codes
    - 1 unit 97162
    - 12 units of each: 97035, 97110, 97112, 97140, 97530, 97012
  - Note that every Humana Gold/HMO plan is different and some will deny PCP auth requests stating they Cohere auth obtained by PCP instead.
- **Tricare Prime**
  - Please use clinic NPI (1104103852) or Tax ID (300697237)
  - Select clinic address patient would prefer
  - Place of service: 11, office
  - Codes:
    - 1 unit of Office Consult New Pt
    - 15 units of Office/Outpatient Visit Est
- **UHC HMO**
  - Out of network. Only IN network with UHC PPO, Choice and Choice Plus PPO network

### Office Contacts

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